

HEALTH POLICIES AND GUIDELINES

AIDS and Hepatitis B Policies

Acquired Immune Deficiency Syndrome (AIDS) is an infectious disease caused by the human immunodeficiency virus (HIV). The HIV virus is not transmitted from infected persons to an uninfected person through casual contact, but can be transmitted through the exchange of semen, blood and other body fluids during intimate sexual contact. Transmission also occurs by sharing HIV-contaminated needles or, much less frequently, through blood or blood products. The virus may be passed from infected mothers to their newborn.

Because of the fragile nature of the virus and the limited routes of transmission, current knowledge indicates that students and employees with AIDS or a positive HIV antibody test do not ordinarily pose a health risk to other students or employees in an academic setting. The United States Public Health Service Center for Disease Control, and the American College Health Association have indicated that there is no risk created by living in the same house as an infected person; attending classes and sharing study facilities and libraries with an infected person; eating food handled by an infected person; being coughed or sneezed upon by an infected persons; casual kissing; or swimming in a pool with an infected person.

These facts, derived from the best epidemiological data currently available, mitigate against the adoption of any policies or courses of action which would deny ordinary privileges and rights, including that of privacy, to students, faculty or staff members who are known or suspected to be infected with HIV. Since these facts also apply to Hepatitis B, this policy shall also apply to students, faculty or staff members who are known or suspected to be infected with Hepatitis B. Alderson-Broaddus College shall disseminate accurate and objective educational information on the HIV, AIDS and Hepatitis B to the campus community.

The College will not exclude students, staff or faculty who are HIV positive or who have AIDS or who have Hepatitis B from any college-sponsored benefit, function or activity solely on the basis of their medical condition. The College will not segregate people who are HIV positive or who have AIDS or who have Hepatitis B from any position or environment, including employment, athletic participation, the academic environment, recreational areas, residence halls and dining facilities.

The College will not tolerate discrimination against any student, faculty member, or staff member infected with HIV or with Hepatitis B. Consideration of the existence of HIV infection or of Hepatitis B infection will not be part of any admissions decision for those students applying to Alderson-Broaddus College or of the employment decision for those seeking positions at the College.

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Members of the Alderson-Broaddus College community who are infected with HIV or with Hepatitis B have rights as members of this community. Such persons also have a responsibility to the community and are expected to act in accordance with known medical advice to prevent the spread of infection to others. Individuals infected with HIV or with Hepatitis B are strongly urged to seek expert clinical care from a qualified health care provider. Appropriate college personnel will take action, within the constraints of policies regarding confidentiality, if it is reported that someone who is HIV positive or who has AIDS or Hepatitis B is putting other members of the college at risk through his/her behavior.

The Alderson-Broaddus College Student Health Service will protect the privacy of individuals infected with HIV or Hepatitis B and the confidentiality of that diagnosis. No information concerning complaints or diagnosis of HIV infection or AIDS or Hepatitis B may be provided to any persons, agency or the campus community without the prior written consent of the individual. The director of student health services is designated as the person to respond to inquiries from parents about a student or college employee who may have AIDS, an HIV-related illness, a positive HIV test or Hepatitis B.

In the event that a student has shared information with a roommate or other resident about having AIDS, an HIV-related illness, a positive HIV test or Hepatitis B, or the student(s) is reacting to rumor of this information, the concerned party(s) shall be directed to the director of residence life or his/her designee. The director of residence life shall review college policy related to AIDS, HIV-related illness, a positive HIV test, or Hepatitis B as well as provide resources for concerned roommates/residents, including education and the availability of counseling services. Unless otherwise directed by the student in question, residential life staff will honor the privacy and confidentiality of any student's medical condition. Any recommendations regarding AIDS, HIV infection or Hepatitis B will be based on guidelines from the United State Public Health Service, the Centers for Disease Control and the American College Health Association.

The vice president for student services/enrollment management, the director of student health services, and the director of student development shall advise the president of the College:

1. on the application and interpretation of this policy;
2. on any recommended amendments to this policy;
3. recommend a broad-based education program for the college community with the following objectives:
 - a) to alleviate unfounded fears about contracting the virus;
 - b) to provide members of the college community with information necessary to make sound decisions about their own behavior and to ensure the health and well-being of themselves and others;

- c) to raise the awareness of the HIV/AIDS/Hepatitis B health problem within the college community;
- d) to counsel against discrimination directed toward individuals with AIDS or who have tested positive for the HIV antibody or who have been diagnosed with Hepatitis B.

4. on any recommendations regarding the means by which outbreaks of contagious diseases at the college are publicized so that immuno-compromised individuals can take precautions;

5. advise any recommendations regarding relevant safety guidelines to departments/divisions within the college.

Safety Guidelines

Departments and divisions in which various individuals may be exposed to a general risk of transmission of HIV and/or Hepatitis B will establish relevant safety guidelines and submit them to the president for approval. These guidelines shall be communicated to students, faculty and staff within the appropriate department or division and shall be updated as necessary.

The guidelines and policies of relevant professional regulatory organizations, where applicable, shall be observed by the particular student, faculty, or staff persons, notwithstanding this policy.

Tobacco Use Guidelines

Alderson-Broaddus College recognizes and supports the findings of the United States Surgeon General and other evidence documented by the medical community that tobacco use in any form, active and passive, is a significant health hazard. In light of these health risks, the college has adopted the following policy regarding the use of tobacco and tobacco products on the campus of Alderson-Broaddus College. It is the shared responsibility of every member of the campus community to help foster a safe and healthy environment for the well-being of all.

Tobacco Use Inside of College Buildings: The smoking and/or chewing of tobacco are prohibited in all buildings on the campus of Alderson-Broaddus College including the residence halls.

Tobacco Use Outside of College Buildings: In order to promote smoke-free areas at the entryway of college buildings and to recognize the rights of smokers to participate in smoking activity out-of-doors, the following guidelines have been developed relating to smoke-free areas at the entrances

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to college buildings. Smokers are strongly encouraged to follow these guidelines and to use courtesy and respect for others as a guide for behavior.

The following entrances are to be smoke-free:

Myers Hall: The right-hand or North front entrance will be smoke-free.

Withers-Brandon Hall: The left-hand or South front entrance will be smoke free and the right-hand or South back entrance will be smoke-free.

Pickett Library/Funkhouser Auditorium: The area immediately outside the front doors including the brick/concrete bench to the right-hand side of the front doors will be smoke-free.

New Main Hall: The first floor ramp and doors leading inside will be smoke-free.

Wilcox Chapel: The front and right-hand side entrances (upper level) and the back entrance (lower level) will be smoke-free.

Kemper-Redd Hall: The second floor front ramp, entrance and patio will be smoke-free.

Whitescarver Hall/Mollohan Training Center: Both the front and rear (facing campus) entrances will be smoke free.

Heiner Hall/Hamer Student Center: The front entrance of Heiner Hall and the main entrance to The Cave will be smoke-free.

Benedum Hall: The front entrance and patio will be smoke-free.

Priestley Hall: The left-hand or South front entrance, sidewalk and stairs will be smoke-free.

Memorial Coliseum: The stairs at the East entrance facing campus will be smoke-free.

Alderson-Broaddus College is committed to the education of students, faculty and staff regarding tobacco use through the periodic offering of programming aimed at prevention and early intervention. Additionally, on-campus advertising by individuals and/or groups that refers to or promotes the use of tobacco is prohibited.

Alcohol and Drug Policy

Alderson-Broaddus College Special Notice to Students and Employees

The following information must be provided annually to each student and employee under the auspices of the Drug Free Schools and Communities Act Amendments of 1989 (Public Law 101-226). This information is a summary of more complete documents concerning student conduct in general and alcohol and drug abuse in particular. For more detailed information, contact the Business Office or the Counseling/Career Center.

The alcohol and drug policy will be reviewed biennially to determine effectiveness, implement any needed changes, and to ensure sanctions are consistently enforced.

Philosophy

Alderson-Broaddus College is concerned with both the welfare of the college community and the academic and personal development of each student. The college strives to create a healthy environment where the illegal and/or improper use of alcohol and drugs does not interfere with learning, performance, or development. The abuse of alcohol and/or drugs disrupts this environment and places the well-being of the members of the college community at risk. It is important for all members of the community to take responsibility for preventing the illegal and/or improper use of alcohol or drugs from adversely affecting the community's learning environment and the academic, physical, spiritual, and emotional well-being of its students.

The Regulation

Briefly stated, Alderson-Broaddus College as an entity supports the laws and regulations of the United States, the State of West Virginia, Barbour County, and the City of Philippi. Each student and employee as a responsible member of the college community is expected to do the same. As a part of these laws and regulations, the unlawful possession, use or distribution of alcohol, illicit drugs, or any other controlled substance on campus or as a part of any college-related employment or activity is prohibited.

Alcohol Policy

The use or possession of alcoholic beverages on college premises or at college-sponsored activities is strictly prohibited. Keggers or other forms of parties serving alcoholic beverages are forbidden on college premises or at college-sponsored activities. Anyone in the presence of the possession and/or use of alcoholic beverages on campus premises or at college-sponsored activities will be held accountable in the same manner as the possessor and/or user of the alcohol. (See "*Disciplinary Procedures and Policies*" section of A-B College Student Handbook).

Drug Policy

Use or possession of any controlled substance, or of illegal drugs and drug paraphernalia is strictly prohibited. Students found to be involved in possession, use, distribution or transportation of illegal drugs or parapher-

naliam, on or off campus, will be subject to disciplinary action which may include dismissal or immediate suspension from the College. Anyone in the presence of the possession and/or use of controlled substances on campus premises or at college sponsored activities will be held accountable in the same manner as the possessor and/or user of the controlled substance. The college counselor and college chaplain are available to discuss in confidence matters concerning drug use.

The Consequences

If convicted of violating criminal laws or found in violation of campus regulations concerning alcohol or drugs, you may be subject to both civil and college disciplinary action (see *Disciplinary Procedures and Policies*” section).

College Disciplinary Sanctions for students include the possibility of Suspension or Expulsion (see “*Disciplinary Procedures and Policies*” section).

Additional applicable sanctions may include loss or reduction of college-funded financial aid (see “*Disciplinary Procedures and Policies, Other Sanctions*” sections).

Alcohol Policy Violations

Violation of the college alcohol policy will result in the following possible consequences for students or organizations:

1st Offense: (minimum) \$100 fine, 10 hours of community service, letter of reprimand with copy to parents or guardians; organizational restriction;

2nd Offense: (minimum) \$200 fine, 20 hours of community service, short term suspension, letter of reprimand with copy to parents or guardians; organizational closure;

3rd Offense: (minimum) \$300 fine, long-term suspension; organizational closure;

4th Offense: (minimum) expulsion; charter revocation.

Drug Policy Violations

Violation of the college drug policy may result in one of the following consequences for students or organizations based on the offense (**all Sanctions are for 1st Offenses**):

Violations involving use or possession of marijuana—short or long term suspension, fine; organizational restriction or closure;

Violations involving the use or possession of other controlled substances—expulsion; organizational closure;

Violations involving unauthorized distribution of any controlled substance—expulsion; charter revocation.

Federal, State, and Local Laws Related to Alcohol, Controlled Substances, and Other Drugs

Federal Law penalizes the manufacture, distribution, possession with intent to manufacture or distribute, and simple possession of drugs (“controlled substances”) Controlled Substances Act 21 U.S.C. Sections 841, 843 [b], 844, 845, 846 (1988). The next page lists Federal Trafficking Penalties. (CSA stands for Controlled Substance Act Schedule).

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Federal Trafficking Penalties

DRUG/SCHEDULE	QUANTITY	PENAL TIES	QUANTITY	PENAL TIES
Cocaine Base (Schedule II)	5-49 gms mixture		50 gms or more mixture	
Fentanyl (Schedule II)	40 - 399 gms mixture		400 gms or more mixture	
Fentanyl Analogue (Schedule I)	10 - 99 gms mixture		100 gms or more mixture	
Heroin (Schedule I)	100 - 999 gms mixture		1 kg or more mixture	
LSD (Schedule I)	1 - 9 gms mixture		10 gms or more mixture	
Methamphetamine (Schedule II)	5 - 49 gms pure or 50 - 499 gms mixture		50 gms or more pure or 500 gms or more mixture	
PCP (Schedule II)	10 - 99 gms pure or 100 - 999 gms mixture		100 gm or more pure or 1 kg or more mixture	
PENAL TIES				
Other Schedule I & II drugs (and any drug product containing Gamma Hydroxybutyric Acid)	Any amount	<p>First Offense: Not more than 20 yrs. If death or serious injury, not less than 20 yrs, or more than Life. Fine \$1 million if an individual, \$5 million if not an individual.</p> <p>Second Offense: Not more than 30 yrs. If death or serious injury, not less than life. Fine \$2 million if an individual, \$10 million if not an individual.</p>		
Flunitrazepam (Schedule IV)	1 gm or more	<p>First Offense: Not more than 5 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual.</p> <p>Second Offense: Not more 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if not an individual.</p>		
Other Schedule III drugs	Any amount	<p>First Offense: Not more than 5 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual.</p> <p>Second Offense: Not more 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if not an individual.</p>		
Flunitrazepam (Schedule IV)	30 to 999 mgs	<p>First Offense: Not more than 5 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual.</p> <p>Second Offense: Not more 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if not an individual.</p>		
All other Schedule IV drugs	Any amount	<p>First Offense: Not more than 3 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual.</p> <p>Second Offense: Not more than 6 yrs. Fine not more than \$500,000 if an individual, \$2 million if not an individual.</p>		
Flunitrazepam (Schedule IV)	Less than 30 mgs	<p>First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual.</p> <p>Second Offense: Not more than 2 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.</p>		
All Schedule V drugs	Any amount	<p>First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual.</p> <p>Second Offense: Not more than 2 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.</p>		

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Federal Trafficking Penalties - Marijuana

DRUG	QUANTITY	1 st OFFENSE	2 nd OFFENSE
Marijuana	1,000 kg or more mixture, or 1,000 or more plants	<ul style="list-style-type: none"> Not less than 10 years, not more than life If death or serious injury, not less than 20 years, not more than life Fine not more than \$4 million if an individual, \$10 million if other than an individual 	<ul style="list-style-type: none"> Not less than 20 years, not more than life If death or serious injury, mandatory life Fine not more than \$8 million if an individual, \$20 million if other than an individual
Marijuana	100 kg to 999 kg mixture, or 100 to 999 plants	<ul style="list-style-type: none"> Not less than 5 years, not more than 40 years If death or serious injury, not less than 20 years, not more than life Fine not more than \$2 million if an individual, \$5 million if other than an individual 	<ul style="list-style-type: none"> Not less than 10 years, not more than life If death or serious injury, mandatory life Fine not more than \$4 million if an individual, \$10 million if other than an individual
Marijuana	more than 10 kgs hashish; 50 to 99 kg mixture more than 1 kg of hashish oil; 50 to 99 plants	<ul style="list-style-type: none"> Not more than 20 years If death or serious injury, not less than 20 years, not more than life Fine \$1 million if an individual, \$5 million if other than an individual 	<ul style="list-style-type: none"> Not more than 30 years If death or serious injury, mandatory life Fine \$2 million if an individual, \$10 million if other than individual
Marijuana	1 to 49 plants; less than 50 kg mixture	<ul style="list-style-type: none"> Not more than 5 years Fine not more than \$250,000, \$1 million other than individual 	<ul style="list-style-type: none"> Not more than 10 years Fine \$500,000 if an individual, \$2 million if other than individual
Hashish	10 kg or less		
Hashish Oil	1 kg or less		

State of West Virginia Laws Regarding the Unlawful Possession, Use, or Distribution of Illicit Drugs and Alcohol

Alcohol Violations

Misrepresentation of age or illegally attempting to purchase non-intoxicating beer and wine or alcoholic liquor under the age of 21.

MISDEMEANOR

Maximum penalty - imprisonment in county jail for up to 72 hr and fine up to \$50.

Persons not related by blood marriage furnishing non-intoxicating beer, wine, or alcoholic liquor to a person under 21.

MISDEMEANOR

Maximum penalty - imprisonment in county jail for up to 10 days and fine up to \$100.

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A Person Who:

1. Appears in a public place in an intoxicated condition.	MISDEMEANOR	For violation of 1, up to 60 days in jail and a fine up to \$100 (Option of alcohol education or counseling may apply.)
2. Drinks alcoholic liquor in a public place.	MISDEMEANOR	For violation of 2,3, or 4, up to 60 days confinement in jail and a fine of \$1,000.
3. Drinks alcoholic liquor in a motor vehicle.	MISDEMEANOR	
4. Tenders an alcoholic drink to another person in a public place.	MISDEMEANOR	
5. Possesses alcoholic liquor in an amount in excess of one gallon in a container not having the commissioner's stamp or seal.	MISDEMEANOR	For violation of 5, confinement in jail for up to 12 months and a fine of \$500.

Controlled Substances/Drug Violations

Except as authorized by law, it is unlawful for an person to manufacture, create, deliver or possess with intent to deliver controlled substances. (See below for the references to controlled substances.)

West Virginia Code Sections 60 A-2-204, 206, 208, 210, and 212 provides Schedule I, II, III, IV, and V of Controlled Substances as referred to hereafter. In reviewing offenses involving these Schedules of Controlled Substances you may refer to the type drug in each schedule by looking up that section of the West Virginia Code.

Substances and the penalties for various offenses are as follows:

1. Offense involving Schedule I or Schedule II controlled substance which is a narcotic.	FELONY	MAXIMUM PENALTY Imprisonment in the penitentiary for 1 to 15 years and a fine of \$25,000.
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2. Offense involving Schedule I or Schedule II controlled substance which is not a narcotic above in Schedules I, II, III.	FELONY	Imprisonment in the penitentiary for 1 to 5 years and a fine of \$15,000.
3. Offense involving Schedule IV substance.	FELONY	Imprisonment in the penitentiary for 1 to 3 years and a fine of \$10,000.
4. Offense involving Schedule V substance.	MISDEMEANOR	Confinement in county jail for 6 months to a year and a fine of \$5,000.
5. Offense involving possession of a controlled substance without valid prescription.	MISDEMEANOR	Confined in county jail not less than 90 days, not more than 6 months and a fine of \$1,000.
6. Offense involving an imitation controlled substance.	MISDEMEANOR	Imprisonment in the county jail for 6 months to a year and a fine of \$5,000.
7. Where a person 18 years or older commits any offense outlined in 1 through 4 above by distributing a narcotic to a person under 18 years of age and at least three years his junior.	MISDEMEANOR	Fine same as 1 through 4, but may be subject to a term of imprisonment up to twice that authorized by 1 through 4 above.
8. Any person convicted of second or subsequent offense, except for those in 7 above.	MISDEMEANOR	May be imprisoned for a term up to twice that otherwise authorized and fined an amount up to twice that otherwise authorized or both.

Vehicular Offenses

1. Any person driving a vehicle in West Virginia while under the influence of alcohol, a controlled substance, any other drug, or any other combination of the above.

A. Commits an act forbidden by law which results in the death of another.	FELONY	Imprisonment in the penitentiary for 1 to 3 years and a fine of \$3,000.
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B. Commits an act forbidden by law which results in bodily injury to another.	MISDEMEANOR	Imprisonment in the county jail for up to one year and a fine of \$1,000.
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C. Driving under the influence as in 1 above with no deaths or injury resulting.	MISDEMEANOR	Imprisonment in the county jail for up to 6 months and a fine of \$500.
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2. Anyone younger than 18 years of age found driving under the influence of alcohol is subject to the same penalties as an adult if their blood alcohol level is greater than 0.02% by weight.

Health Risks Associated with Alcohol/Illicit Drug Abuse

Alcohol

Alcohol abuse is a primary concern on college campuses. Alcohol abuse significantly impacts the abuser and those around her/him in the campus community. Violence, relationship violence, date and acquaintance rape, and other crimes all increase significantly when alcohol is involved. The dangers of drinking and driving are well documented. Poor academic performance/academic failure can be another outcome of alcohol abuse. Alcohol abuse influences the individual's decision-making, and may lead to participation in risky behaviors such as casual sexual encounters and the increased exposure to STDs and HIV/AIDS. Beyond these immediate outcomes of alcohol abuse are the problems that develop if alcohol abuse becomes a pattern of behavior. Alcohol can become a crutch that one looks to to deal with problems and that in fact makes life more problematic.

Denial is a key aspect of alcohol abuse/dependence as an individual continues to drink in spite of problems in relationships, with school, with

jobs, with the law that others would identify readily as related to the alcohol abuse. One's judgment and decision-making are significantly impaired to the point that the individual may be willing to give up relationships, school, etc. and blame them rather than the alcohol for their problems.

As alcohol abuse continues, physical problems begin to come into play. The person begins to have black-outs or periods of time in which they can't remember what they've done. They can develop gastro-intestinal problems, hypertension and problems with learning and memory. Long-term effects of heavy alcohol consumption can lead to permanent problems with vital organs, including the liver and the brain. Attempts to stop drinking can lead to withdrawal symptoms, tremors and seizures. Withdrawal from alcohol can cause death.

Pregnant women who drink can have babies born with fetal alcohol syndrome, with permanent physical abnormalities and mental retardation.

Children of alcoholic parents are more likely to develop alcoholism.

Alcohol abuse and alcohol dependence have far-reaching consequences for the abuser and all those who come in contact with her/him. *It is the most common of preventable illnesses that kill individuals. Most importantly it is a **treatable** disease.*

Marijuana

Of significance health-wise is information gained recently about the effect that even short term marijuana use can have on learning and memory. Brain development continues until age 18-25. Use of marijuana negatively impacts this critical neurological development.

Women who smoke marijuana during pregnancy can have babies with neurological deficits at birth and problems that can effect learning and attention as these children start school.

Marijuana contains 50 to 70 percent more carcinogenic hydrocarbons than tobacco smoke, so has the potential to cause various cancers.

For information on commonly abused drugs, see the chart following:

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Drugs of Abuse/Uses and Effects

From Commonly Abused Drugs --- National Institute on Drug Abuse

Substance

Intoxication Effects/ Potential Health Consequences

Marijuana

euphoria, slowed thinking and reaction time, confusion, impaired balance and coordination/cough, frequent respiratory infections, impaired memory and learning; increased heart rate, anxiety, panic attacks, tolerance, addiction

Stimulants

increased heart rate, blood pressure, metabolism; feelings of exhilaration, energy, increased mental alertness/rapid or irregular heartbeat, reduced appetite, weight loss, heart failure, nervousness, insomnia

a. Amphetamine

also for amphetamine, rapid breathing/tremor, loss of coordination; irritability, anxiousness, restlessness, delirium, panic, paranoia, impulsive behavior, aggressiveness, tolerance, addiction, psychosis

b. Cocaine

also for cocaine, increased temperature/ chest pain, respiratory failure, nausea, abdominal pain, strokes, seizures, headaches, malnutrition, panic attacks

c. Nicotine

additional effects attributable to tobacco exposure: adverse pregnancy outcomes; chronic lung disease, cardiovascular disease, stroke, cancer; tolerance, addiction.

Hallucinogens

LSD

altered states of perception and feeling; nausea; flashbacks, increased body temperature, heart rate, blood pressure; loss of appetite,

sleeplessness, numbness, weakness, tremors, persistent mental disorders

Depressants

reduced anxiety; feeling of well-being; lowered inhibitions; slowed pulse and breathing; lowered blood pressure; poor concentration/fatigue; confusion, impaired coordination, memory, judgment; addiction; respiratory depression and arrest; death

a. benzodiazepines

also in benzodiazepines, sedation, drowsiness/dizziness

b. Rohypnol

also for rohypnol—visual and gastrointestinal disturbances, urinary retention, memory loss for the time under the drug's effects

c. GHB

also for GHB—drowsiness, nausea/vomiting, headache, loss of consciousness, loss of reflexes, seizures, coma, death

Narcotics

(heroin, morphine, opium, codeine, Meperidine, methadone, oxycodone (OxyContin), Hydrocodone (Vicodin) pain relief, euphoria, drowsiness/nausea, confusion, sedation, respiratory depression and arrest, tolerance, addiction, unconsciousness, coma, death

Other Compounds

PCP

increased heart rate and blood pressure, impaired motor function/memory loss; numbness; nausea/vomiting

Anabolic steroids

no intoxication effects/hypertension, blood clotting and cholesterol changes, liver cysts and cancer, kidney cancer, hostility and aggression, acne

Inhalants

stimulation, loss of inhibition; headache; nausea or vomiting; slurred speech, loss of motor coordination, wheezing/unconsciousness, cramps, weight loss,

muscle weakness, depression, memory impairment, damage to cardiovascular and nervous systems, sudden death

Assistance Programs

If you are concerned that you or a friend might have an alcohol or drug problem, the offices of the Counseling Center, 231 New Main and Student Health Services (Clinicare) at Broaddus Hospital are available for initial dialogue and assistance in defining the extent of any problem. If a substance abuse problem is determined to exist, referral may be made to local substance abuse treatment services, or the student will be assisted, if they prefer, to receive follow up with a counseling or treatment program closer to home. The counselor on campus will assist students in any way to obtain needed services. Listed below are local resources for alcohol/drug treatment, as well as phone numbers for local hotlines and support groups.

Resources for Alcohol/Drug Treatment

Emergency Resources

Broaddus Hospital ER --- Phone: 457-1760

Acute care/Assessment/Referral

United Hospital Center ER --- Phone: 624-1978

Acute care/Assessment/Referral

Outpatient Services --- On-Campus

Cindy Wanamaker, Director of Student Development

231 New Main

Phone: 457-6213

Alcohol/Drug Assessment and Referral; Limited Addictions Counseling

No cost to A-B students

Outpatient Services --- Off-Campus

Appalachian Community Health

Phone: 636-3232

DUI Evaluations/Individual and Family Therapy

Barbour County Health Department

Phone: 457-1670

23 Wabash Avenue

Philippi, WV 26416

Addictions Counseling and Referral

Crimson Counseling

Phone: 622-4786

443 W. Pike Street

Clarksburg, WV 26301

www.crimsoncounseling.com

Christian counseling focus; addictions counseling including gambling addiction; individual therapy

Phoenix Associates

Phone: 622-6404

Quiet Dell, WV

Individual Therapy

United Summit Center

Phone: 623-5661

Clarksburg, WV 26301 (next to United Hospital Center)

Individual and group therapy; DUI services; longer term recovery groups; Intensive outpatient afternoon and evening program; adolescent program.

Valley Health Care

Grafton 265-3947

Fairmont 366-7174

Morgantown 296-1731

Kingwood 329-1059

Addictions Hotlines

AA 1-800-333-5051

Alanon-Alateen 1-800-425-2666

NA 1-800-766-4422

Calling these numbers will put you in touch with someone who can tell you about local meetings/dates.

Gamblers Anonymous (Clarksburg)

Phone: 624-4500

1539 W. Pike Street

Clarksburg, WV 26301

Christ United Methodist Church (Parish House behind church)

Meetings held on Tuesdays, 7 p.m.